

ALL CITIZENS
of the world
can **SAVE** a life



16 OCT 2022

World Restart a Heart day

Restart a heart in **3** simple steps!



1 Check



2 Call



3 Compress

MORE INFO

WWW.ILCOR.ORG/WRAH

 #WORLDRESTARTAHEART

AN INITIATIVE BY



EUROPEAN
RESUSCITATION
COUNCIL



Resuscitation
Council UK