

The Advisory Committee of the ERC recommends Jan Bahr as an Honorary Member of the European Resuscitation Council.

“Honorary members of the ERC are honored for their complete professional career and their life-long commitment and leadership in Resuscitation Care. Honorees are nationally and internationally recognized for their contributions to the science, the education and/or the implementation of Resuscitation Care.” Jan Bahr meets all criteria for being honored a Honorary Member of the ERC, and this is documented in the attached documents and summaries.



Born in 1950, Jan Bahr graduated in Social Sciences at Goettingen University in 1979. He joined the department of University of Goettingen, Department Anaesthesiology, Emergency and Intensive Care Medicine Anaesthesia (director Prof dr Dietrich Kettler). He developed his expertise in organisation and diplomacy as the Secretary General of the department (1994-2012). He organised several research projects on emergency medicine. The bystander CPR projects were the start of widespread CPR training in Germany. As a result of the Goettingen project in 1985-89, German voluntary aid organisations such as Red Cross included CPR nationwide in their curriculum of first aid courses mandatory for people applying for a driving license. Today each year about 1.7 million German citizens are trained in CPR. He had an active participation in the Advisory Council on First Aid and Resuscitation at the German Chamber of Physicians and the National Working Group on First Aid of the Voluntary Aid Organisations.

These research projects were also the basis for his doctoral thesis for achieving the degree of PhD at University of Hannover.

He joined ERC in 1991 and he shared his German experiences of bystander CPR education in the ERC BLS Working Group.

Jan is not a medical doctor and this was new for ERC. But his skills in resuscitation research and his organizational talents of CPR educational campaigns were a major added value. He contributed to open the traditionally medical-oriented ERC to all healthcare professionals. When Dietrich Kettler became Honorary Treasurer of the ERC, Jan was his reliable “right hand”. When this Board mandate came to an end in 2004, the election of Jan as new ERC Treasurer was only obvious. During his office from 2004 to 2011, he became familiar with the rules, the traditions and the personalities of the organization.

In 2011 the structure of the ERC Board was re-organised. The position of Director Congresses was installed. Jan applied and he was elected for this new board position of Director Congresses. The success of the annual Congresses of the ERC is essential for the health of the organization. Jan managed to build a well-structured framework for the planning and organization of the Congresses.

Dr Bahr made a solid contribution to Resuscitation science (addendum 1). He authored or co-authored 35 published articles in peer-reviewed journals: he contributed substantially to the ERC guidelines for BLS-AED and to the development of the German Resuscitation

Registry, and his publications about bystander CPR and ethics of CPR are frequently referenced. He authored also about 60 papers in national German journals and 25 chapters in handbooks (addendum 2).

Jan Bahr has shown to be a skilled leader who contributed as a reliable member of the ERC Board, first as Hon. Treasurer and later as Director Congresses, to navigate ERC during stormy weather and favorable winds. He is a hard working reliable, modest partner and team-player with a vision that is based on solid information, and profound understanding of ERC. His primary interest is in achieving objectives with no interest in spotlights. He has now retired but remains most dedicated to ERC.

As an Honorary Member, Jan will be invited to join the Advisory Committee. His wise opinion and his excellent knowledge of the ERC family will be a major added value.

## Addendum 1

### Summary of scientific CV

During my time at the University of Göttingen I had the privilege to participate in several research projects:

- Department Child and Adolescent Psychiatry:
  - o Utilization of psycho-social institutions
- Department Anaesthesiology, Emergency and Intensive Care Medicine:
  - o German pilot project on CPR by bystanders (lay people)

At that time, the leading emergency physicians in Germany were strongly against CPR (especially chest compression) by lay people. The only way to introduce this was to perform a pilot study, which we started in late 1984. Until 1989 we trained some 20,000 people from the Göttingen region; the bystander rate went up (30-35%); outcome following bystander CPR was significantly better than in the no-bystander group. As a result of the project, German voluntary aid organisations like Red Cross included CPR nationwide in their curriculum of courses mandatory for people applying for a driving license.

- o Factors determining the anticipated behaviour of bystanders in video-simulated emergencies
- o Evaluation of CPR knowledge and skills in a realistic setting
- o ACD (active compression-decompression) versus standard CPR
- o Kind and incidence of cerebral disorders following out-of-hospital CPR
- o Stress and strain of physicians in out-of-hospital emergencies
- o Long-term survival and quality of life following OHCA
- o Evaluation and validation of a German language instruction for telephone CPR
- o Co-operation of general practitioners and organised EMS in the care for emergency patients
- o Influence of different types of recovery positions on the perfusion of the forearm
- o Use of different laryngeal airway devices
- o Practical examination of lay people performing BLS (prospective manikin study)
- o Ethical questions around resuscitation

## Addendum 2

### PubMed Search Results "Bahr J", 18 February 2016

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In addition, he authored/co-authored some 60 articles in national German journals and some 25 chapters in handbooks.