ERC BASIC LIFE SUPPORT ALGORITHM

CHECK: responsiveness

CALL for help - raise alarm

Open the airway
Absent or abnormal breathing

Start CPR

Attach AED as soon as able
Follow AED instructions

Continue CPR until EMS / resuscitation team arrives
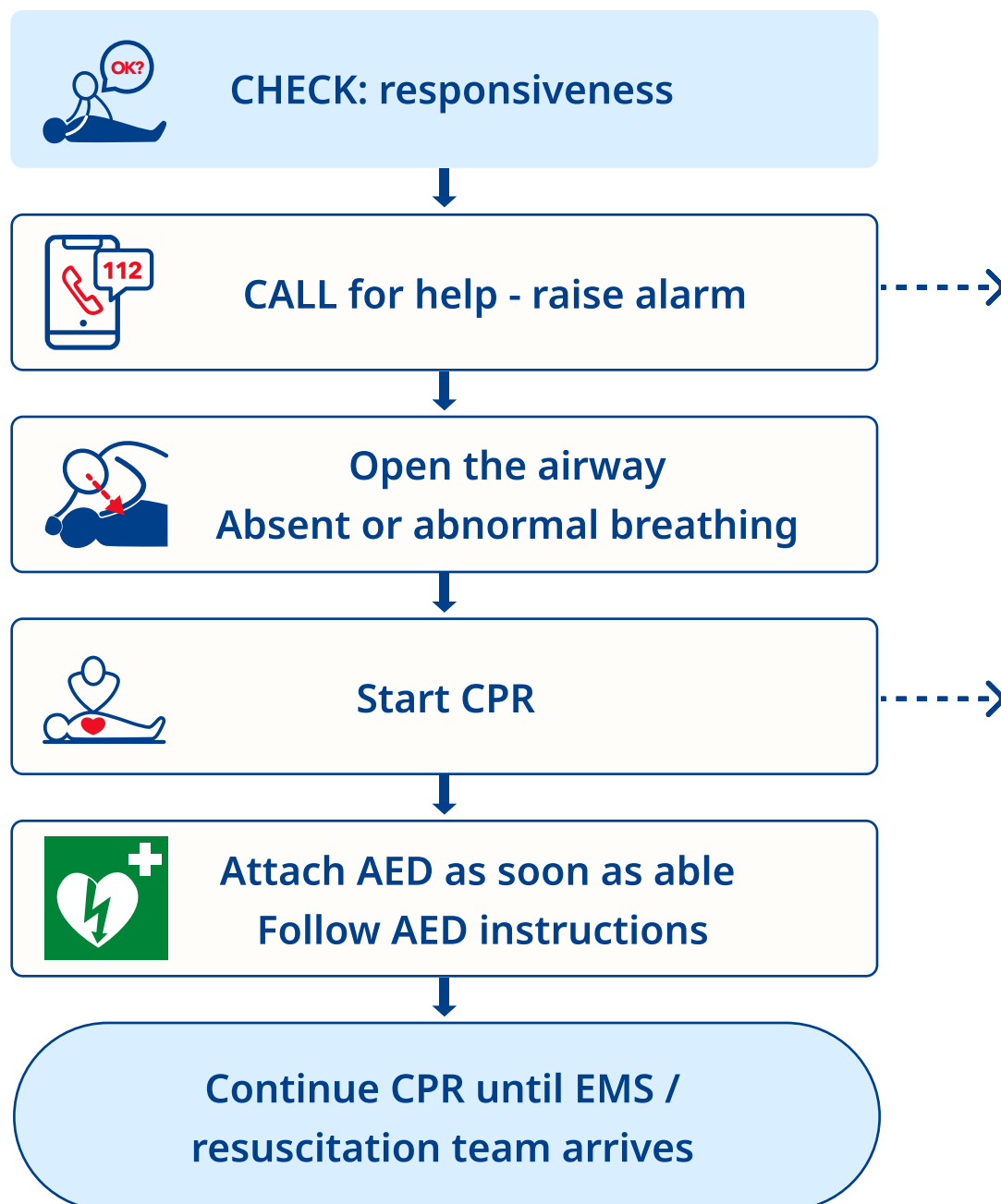
Call for help without delay

Out-of-hospital

- Phone on speaker
- Check for breathing
- If you are unsure, the dispatcher will help
- Follow dispatcher's instructions

In-hospital

- Check for breathing and signs of life
- Request AED or defibrillator
- Alert resuscitation team

Start CPR

Adult

If not BLS trained

- Chest-compression only CPR

If BLS trained

- CPR 30:2

Paediatric

If not PBLS trained

- 5 rescue breaths
- CPR 30:2

If PBLS trained

- 5 rescue breaths
- CPR 15:2

AED - automatic external defibrillator; BLS - basic life support; CPR - cardiopulmonary resuscitation; EMS - emergency medical services; PBLS - paediatric basic life support